



THE SPA HILTON MARCO ISLAND

Nestled amid the dunes and white sandy beaches of Marco Island in Southwest Florida lies The Spa; the centerpiece of the luxurious Hilton Marco Island Beach Resort. The Spa offers a cornucopia of serenity and wellness inspired by the exotic cultures of the Mediterranean. The Spa invites you to escape among the arched marble hallways, trickling fountains and captivating aura.

The perfect hideaway in Southwest Florida, the Spa at the Hilton Marco Island Beach Resort is a luxuriously appointed, elegant sanctuary creating a more personalized, intimate environment with ten treatment rooms featuring full spa services including signature facials, therapeutic massages, restoring body treatments, nail care, hair care and relaxation lounges. The Spa also features a retail boutique as well as a state-of-the art fitness complex featuring PRECOR fitness equipment.

OUR PHILOSOPHY

At The Spa Hilton Marco Island we are dedicated to providing you an individualized experience by acknowledging your unique needs and desired results. Our professional spa staff will guide you on your journey customizing your preference of aroma, temperature, and music.

To make your Spa reservation please call the Spa directly at extension 6660 or 6630

560 South Collier Boulevard Marco Island FL 34145 USA
Tel: 239.642.2144 Spa fax: 239.642.2135



PACKAGES

THE MARCO ISLAND SPA ESCAPE - 6 HOURS - \$660

REVITALIZE YOUR TOTAL WELL BEING WITH OUR QUINTESSENTIAL PACKAGE:

- HOT STONE MASSAGE
- AROMATHERAPY EXPERIENCE FACIAL
- SPA SIGNATURE MANICURE AND PEDICURE
- RECONDITIONING HAIR TREATMENT AND SCALP MASSAGE

THE EXCLUSIVE GENTLEMAN'S DAY AWAY - 3 HOURS - \$360

- DE-STRESS MUSCLE RELEASE
- EXCLUSIVE GENTLEMAN'S TREATMENT FACIAL
- GINGER AND BLACK PEPPER MANICURE

COUPLE BLISS - 4 HOURS - \$1,000

THE GULF COAST OF FLORIDA IS THE PERFECT SETTING FOR A ROMANTIC ISLAND GETAWAY.

- SPA SIGNATURE MASSAGE IN OUR COUPLES ROOM
- SPA SIGNATURE FACIAL FOR HER AND EXCLUSIVE GENTLEMAN'S TREATMENT FACIAL FOR HIM
- SPA SIGNATURE MANICURE AND PEDICURE

MOTHER-TO-BE PAMPERING - 3 HOURS - \$355

MELT AWAY ANY DISCOMFORTS OF YOUR PREGNANCY WITH THE NURTURING FRAGRANCE OF ROSE.

- PRE-NATAL INDULGENCE MASSAGE
- SOOTHING FACIAL FOR SENSITIVE SKIN
- MOROCCAN ROSE OIL PEDICURE



MASSAGE TREATMENTS

THE SPA SIGNATURE MASSAGE - \$130/50M, \$180/80M

THE SPA SIGNATURE MASSAGE IS A GENTLE, RHYTHMIC MASSAGE ADMINISTERED TO RELAX SOFT BODY TISSUE USING SWEDISH TECHNIQUES TO FACILITATE HEALING. IT IS LIGHTER IN TOUCH AND INCLUDES LONG FLOWING STROKES, KNEADING, AND FRICTION TECHNIQUES ON MORE SUPERFICIAL LAYERS OF THE MUSCLES. IT CAN LOOSEN STIFF JOINTS, REDUCE MUSCLE TENSION, AND HELP CLEAR NASAL OR CHEST CONGESTION.

ULTIMATE AROMATHERAPY EXPERIENCE - \$130/50M, \$180/80M

THIS BALANCING TREATMENT STARTS WITH A CONSULTATION TO FIND OUT WHAT YOUR EMOTIONAL AND PHYSICAL NEEDS ARE. WITH YOUR CHOSEN OIL, YOUR THERAPIST WILL USE CAREFULLY APPLIED PRESSURES TO STIMULATE THE NERVOUS SYSTEM, SWEDISH AND NEUROMUSCULAR TECHNIQUES TO RELIEVE MUSCULAR TENSION, AND LYMPHATIC DRAINAGE TO ENCOURAGE HEALTHY CIRCULATION.

CHOOSING THE 80M TREATMENT WILL MEAN, EXTRA ATTENTION IS GIVEN TO THE FACIAL MASSAGE.

DE-STRESS MUSCLE RELEASE - \$135/50M, \$180/80M

DE-STRESS MUSCLE RELEASE IS A RESTORATIVE TREATMENT THAT IS SPECIFICALLY DESIGNED FOR TIGHT, STRESSED AND ACHING MUSCLES. SWEDISH AND CROSS MUSCLE FIBER MASSAGE TECHNIQUES, WITH STRETCHING AND DRAINING, ARE COMBINED WITH ESSENTIAL OILS KNOWN FOR THEIR BENEFICIAL EFFECTS ON YOUR CIRCULATION. BLACK PEPPER, ROSEMARY AND GINGER WARM THE MUSCLES AND HELP DISPERSE THE BUILD-UP OF LACTIC ACID THAT CAUSES STIFFNESS AND PAIN. CALMING LAVENDER SOOTHES AND IS ANTI-INFLAMMATORY.

DEEP TISSUE SPORTS MASSAGE - \$135/50M, \$180/80M

OUR DEEP TISSUE SPORTS MASSAGE USES MANY OF THE SAME MOVEMENTS AND TECHNIQUES AS SWEDISH MASSAGE, BUT THE PRESSURE WILL BE MORE INTENSE AS THE THERAPIST WILL BE GOING DEEP INTO THE MUSCLE TISSUE. IT IS ALSO A MORE FOCUSED TYPE OF MASSAGE, AS THE THERAPIST WORKS TO RELEASE CHRONIC MUSCLE TENSION OR KNOTS.

HOT STONE MASSAGE - \$180/75M

WARM STONES ARE USED TO IMPART HEAT ONTO THE BODY TO RELEASE MUSCLE TENSION. THEY ARE PLACED ALONG CHAKRA CENTERS, HANDS AND FEET. AS THE STONES DELIVER CONCENTRATED CENTERS OF HEAT, THE THERAPIST IS SIMULTANEOUSLY MASSAGING WITH OILED, HEATED STONES HELD IN THE PALM OF THE HAND.



PRE-NATAL INDULGENCE - \$120/50M, \$165/80M

RELAX AS YOUR BODY IS SOOTHED AND YOUR SKIN IS PAMPERED WITH THE NOURISHING PROPERTIES OF ROSE OIL. THIS FULL BODY MASSAGE IS DESIGNED TO ANSWER THE DEVELOPING NEEDS OF MOTHER AND BABY AND GIVE YOU THE NURTURING TREATMENT YOU BOTH DESERVE. THE MASSAGE HELPS TO EASE ACHES AND PAINS AND THAT 'HEAVY' FEELING WITH ATTENTION PAID TO THE BACK, NECK AND LOWER LEGS.

JET LAG TREATMENT (TO REVIVE OR RELAX) - \$180/80M

GET UP TO SPEED ACROSS TIME ZONES. THIS INVIGORATING AND REJUVENATING TREATMENT, PACKED WITH BODY BOOSTING ESSENTIAL OILS, USES PHYSICAL MANIPULATION AND SPORT MASSAGE TECHNIQUES. THIS IS A MUST-HAVE FOR THOSE WHO'VE TRAVELED THE DISTANCE.

CLEAR MY HEAD - \$75/25M

AN INVIGORATING MASSAGE CONCENTRATING ON THE TENSION HOT SPOTS OF THE BACK, NECK AND SHOULDERS. A GREAT WAY TO RELIEVE TENSION AND GET RID OF ANY BUILT UP STRESS. THIS WILL LEAVE YOU FEELING FANTASTICALLY FRESH AND FREE FROM ANY STRAINS.

REFLEXOLOGY - \$75/25M

THIS ANCIENT THERAPEUTIC METHOD HELPS RELIEVE PAIN BY STIMULATING PREDEFINED PRESSURE POINTS ON THE FEET. THIS CONTROLLED PRESSURE ALLEVIATES THE SOURCE OF DISCOMFORT.

Massage Enhancements:

Hot Stone Upgrade: \$15

Cold Stone Upgrade: \$15

Enrich Body Butter Upgrade: \$15

Hands, Feet or Back Scrub: \$10

Aroma Oil Upgrade: \$10

Deep Tissue: \$15



FACIAL TREATMENTS

THE SPA SIGNATURE FACIAL - \$125/50M

THIS TRADITIONAL EUROPEAN FACIAL ADDRESSES ALL YOUR SKINCARE NEEDS BY PROVIDING A THOROUGH CLEANSING AND EXFOLIATION, EXTRACTIONS, A MIND-MELTING MASSAGE AND A DEEPLY PENETRATING MASK. GREAT FOR GENERAL MAINTENANCE OR FOR BEGINNERS, THIS FACIAL CAN BE TAILORED TO ANY SKIN TYPE FOR OPTIMAL RESULTS.

SOOTHING FACIAL FOR SENSITIVE SKIN - \$130/50M

LET THE SOOTHING PROPERTIES OF COLD SEAWEED CALM YOUR IRRITATED SKIN AND LEAVE YOU FEELING HYDRATED AND REFRESHED. GREAT FOR THE TREATMENT OF MILD TO MODERATE ROSACEA, SKIN IRRITATION, SUNBURN OR GENERAL DISCOMFORT DUE TO DRYNESS.

APPLEWATER HYDRATION FACIAL - \$130 /50M

APPLEWATER, ALOE AND MACADAMIA OIL ALL WORK TOGETHER IN THIS FACIAL TO PROVIDE PARCHED SKIN WITH A MUCH NEEDED GULP OF WATER. SOOTHING AND COOL, YOU WILL BE DRENCHED IN A VEIL OF RICH, HEALING CREAMS TO HELP YOUR SKIN STAY PLUMPED AND HYDRATED THROUGHOUT THE DAY.

REFRESHING SUNBURN RELIEF FACIAL WITH COLD STONES - \$145/50M

SUNBURN SENDING YOU INTO THE SHADE? OUR SOOTHING SUNBURN RELIEF FACIAL WAS SPECIFICALLY DESIGNED TO COOL SUN BURNT AND BLISTERED SKIN. RELAX AND LET US TRANSFORM YOUR SKIN FROM PINK AND PAINFUL TO HYDRATED AND HEALTHY. USING SPECIAL COOLING PRODUCTS AND A RELAXING COLD STONE MASSAGE OF THE FACE, NECK AND DÉCOLLETÉ, THIS TREATMENT WILL GIVE YOU SOME MUCH NEEDED RELIEF IN NO TIME.

DEEP PORE CLEANSING FACIAL FOR OILY TO PROBLEMATIC SKIN TYPES - \$165/80M

INTENSELY APPROPRIATE FOR COMBINATION OR OILY TO PROBLEMATIC SKIN TYPES, THIS DEEP PORE CLEANSING FACIAL WILL HELP BALANCE YOUR SKIN'S NATURAL pH, PURIFY BLACKHEADS AND CONGESTION IN THE SKIN AND LEAVE THE SKIN SOFT, MATTE, AND CLEAN.

AROMATHERAPY EXPERIENCE FACIAL - \$175/80M

LET US TAKE YOU ON A TRUE MIND, BODY, AND SOUL EXPERIENCE. STARTING WITH A BACK APPLICATION OF 100% PURE ESSENTIAL OILS, YOU ARE TRANSFORMED INTO A STATE OF RELAXATION AND CALM. FOLLOWED IS A NURTURING, REVITALIZING AND HYDRATING FACIAL USING ALL PURE PLANT EXTRACTS, EARTHEN CLAYS AND ESSENTIAL OILS. FOR ALL SKIN TYPES TO ENJOY.



COLLAGEN INFUSION FACIAL FOR AGING SKIN - \$175/80M

ALLOW THE PLUMPING, HYDRATING AND SOFTENING EFFECTS OF THE MARINE COLLAGEN AND ELDER WATER DRENCH THE SKIN IN OUR COLLAGEN INFUSION ANTI-AGING FACIAL. AS SKIN REGAINS IT'S USEFULNESS ENJOY A PAMPERING MASSAGE OF THE HANDS, FEET, DÉCOLLETÉ AND SCALP.

EXCLUSIVE GENTLEMEN'S TREATMENT FACIAL - \$130 /50M

GENTLEMEN, AT LAST A FACIAL THAT WAS MADE EXCLUSIVELY WITH YOU IN MIND. SPECIAL ROTARY BRUSHES ARE USED TO GIVE YOU A DEEP CLEANSE, AFTER YOUR SKIN IS EXFOLIATED, STEAMED, EXTRACTED AND GIVEN A MIND-MELTING MASSAGE. ALL DURING WHICH YOU ARE GIVEN A HOT TOWEL TREATMENT FOR ULTIMATE RELAXATION. AFTER, A MATTIFYING MASK IS APPLIED TO FURTHER CLEAN THE PORES, LEAVING YOUR SKIN PURIFIED AND READY FOR THE DAY. WHY LET THE LADIES HAVE ALL THE FUN?

ENHANCEMENTS FOR FACIAL TREATMENTS

COLD STONES: \$15

HOT STONES: \$15

EYE TREATMENT FOR FINE LINES AND WRINKLES: \$45

EYE TREATMENT FOR DARK CIRCLES AND PUFFINESS: \$45

AMPOULE: \$15

COLLAGEN LIP TREATMENT: \$15



BODY TREATMENTS

SOOTHER SCRUB & WRAP - \$120/50M DRY ROOM, \$145/50M VICHY SHOWER

EXPERIENCE AN ALL OVER BODY EXFOLIATION USING A GREEN OLIVE STONE AND SEA SILK SCRUB. INDULGE AS A HYDRATING GEL, NOURISHING OIL AND MOISTURIZING CREAM ARE GENTLY LAYERED OVER POLISHED SKIN. ENJOY A MIND FREEING AYURVEDIC SCALP MASSAGE WHILE YOUR BODY IS WRAPPED IN A WARM COCOON. YOUR SKIN IS LEFT FEELING SMOOTH AND VELVETY SOFT, WHILE BODY AND SPIRIT ARE RESTORED.

YOUR CHOICE OF:

BREATHE TO RELIEVE CONGESTION AND INFUSE VITALITY

LAVENDER & PEPPERMINT FOR A REFRESHING, HEALING AND COMFORTING EXPERIENCE

RENEW ROSE OILS AND CREAMS FOR A NOURISHING GLOW

BORA BORA WHITE SAND BODY POLISHING \$145/50M (INCLUDES VICHY)

AN EXFOLIATING BODY POLISH LEAVES THE SKIN SOFT AND VELVETY. BORA BORA WHITE SAND INFUSED WITH LOTUS FLOWER EXTRACT PROMOTES NATURAL GLOWING SKIN AND LEAVES A LUXURIOUS DELICATE SCENT.

PURIFYING MUD WRAP - \$145/50M (INCLUDES VICHY)

IMPROVE CIRCULATION AND END TENSION WITH THIS PURIFYING MUD WRAP. TREATMENT INCLUDES A HIMALAYAN SALT SCRUB, MINERAL-RICH MUD, WARM COCOON AND DETOXIFYING BODY GEL TO THOROUGHLY RELAX THE BODY AND NATURALLY RELEASE TOXINS.

NAIL SERVICES

The Spa Signature Manicure & Pedicure - \$175/120m

Sink into an uplifting, aromatic hand and foot soak followed by a smoothing and refining olive oil grain scrub. After a skin-softening and hydrating wrap, layers of deeply nourishing gels, oils and creams are applied to upper arms, lower legs with a soothing massage. These intensely conditioning treatments work wonders on dry, stubborn cuticles and cracked, hardened heels.

Rose Hydrating Luxury Manicure - \$65/50m

Moroccan Rose Oil Pedicure - \$75/50m

Ginger and Black Pepper Manicure - \$65/50m

Ginger and Black Pepper Pedicure - \$75/50m



Other Nail Services:

- On-the-Go Manicure - \$45/25m
- On-the-Go Pedicure - \$55/25m
- Polish Change - \$20/15m
- Paraffin Treatment for hands or feet - \$20
- French Enhancement - \$10
- Axxium Gel Nail Polish: \$35
- Gel Polish Removal: \$10

For under 10 Years Old

- Lil' Mademoiselle Manicure - \$25/25m
- Twinkle Toe Pedicure - \$30/25m

HAIR SALON AND WAXING SERVICES

Please call for pricing or visit us online

BRIDAL SERVICES

Updo - \$85

Makeup Artistry - \$65 (includes complimentary lipstick)





SPA ETIQUETTE

Pre-Arrival

We encourage you to arrive 30 minutes prior to your scheduled appointment; please be prompt in your arrivals as late arrivals will be subject to a reduction in treatment time.

Cancellation Policy

As a courtesy to other guests and to our therapists, we strictly adhere to the cancellation policy. If you must reschedule or cancel an appointment, please advise us (4) hours in advance to avoid being charged 100% of the scheduled services. For cancellation of a package 24-hours is required.

Spa Considerations

So that tranquility is the spa experience may be preserved we respectfully ask that you leave cell phones turned off.

Please leave all your valuables in your room safe or at home, as The Spa Hilton Marco Island cannot be held responsible for loss of personal items.

If you are scheduled for a body treatment or facial, please refrain from shaving at least 4 hours prior to your treatment.

For your comfort we ask that you shower prior to any body or waxing service.

Gratuities

For your convenience, a 21% service charge is automatically applied to all services and distributed to the staff.

Age Requirements

Spa treatments and facilities are available for guests 16 years and older. Children ages 12-15 are welcome to enjoy massages, facials and body treatments, but must be accompanied by an adult at all times. Children ages 11 and younger are welcome to enjoy services in the Hair & Nail Salon accompanied by an adult.

Gift Certificates

Give the gift of health and wellness with an elegantly wrapped gift certificate to The Spa. They are available for any service, package, product or amount you wish.

Spa Access

On the day of your spa service(s) we invite you to enjoy our amenities and facilities, which include robe, sandals, sauna, steam, relaxation room, hot tub, spa gardens, snacks and refreshments. There is a \$25 facility fee for those not receiving a scheduled treatment.

Your First Visit

It is customary to enjoy most body treatments without clothing, but you may wear a bathing suit or undergarment if you prefer. As a friendly reminder, you will be draped to protect your privacy at all times. We will never compromise your modesty.